



FOUR EVENTS, ONE AMAZING SUMMER!

Welcome to the Hixon Summer Trail Series! We are pumped to welcome you to the rolling hills, beautiful forests, majestic vistas and the twists and turns of Hixon Forest.

This participant guide contains everything you need to know to have an amazing race.

Hixon Summer Trail Series

DATES: The 3rd Thursday of each summer month!

- May 18th
- June 15th
- July 20th
- August 17th

START TIME: 6:00 p.m.

REGISTRATION

Know anyone who still needs to register?

Click **HERE** to register!

*Day of registration available but will be cutoff 15 minutes prior to the start of the race.

GETTING HERE & PARKING

Limited parking space is available in the <u>Lower Hixon</u> <u>Forest Trailhead parking lot</u>. The lot is NOT closed to only race participants! Other trail users will also be parking there on the day of the event. Feel free to park at the start of Quarry Road and Milson Court. There are two small gravel pullouts there to safely park. You may also consider parking at Forest Hills Golf Course and warming up to the start line from there.

BIB PICK-UP

Bibs can be picked up at the start/finish line tent between 5:00 p.m. and 5:50 p.m. The race will begin promptly at 6:00 p.m.

Hixon Trail Series SWAG

We have some SWEET new gear available for you! Come check out these hats and gators.

COURSE MARKINGS

The course will be marked with chalk paint, directional arrows, and flagging tape. There are only a few turns on this four-mile route (top of Vista connecting to Vista 2, Vista 2 connecting to the old Bicentennial Trail, and Bicentennial connecting to Hickory).

COURSE DETAILS:

DISTANCE: ~4 miles ELEVATION CHANGE: ~600 ft STRAVA MAP LINK



WHAT TO EXPECT

Hydration –

• The start/finish line will have water available. We would encourage you to bring your own cup/bottle. As we continue to work on being good stewards of our trail system and the environment, we'd love to minimize waste. Thanks for your help!

First Aid –

• We will have a small amount of first aid supplies on-hand and have certified medical personnel on-hand to help with any medical needs that arise.

Building Community -

• We believe this might be the most important piece to the Summer Trail Series! You've done the work on the trail, now let's be together. Feel free to hang out in the parking lot with us, reconnect with your trail friends, and make new friends.

Thank you for joining us and for allowing us to be a part of your running adventures. Please reach out with question or concerns!

